poems

THE BALANCE BETWEEN

GOOD AND EVIL

DUALITY VERSUS UNITY

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The balance between good and evil

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website
http://home.caiway.nl/~adjo77/Majana_Silvo_-_journey_through_my_unconsciousness.html
why should we stay asleep
if we can wake up
INHOUD

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1 : NO PARADISE ON EARTH

when I was still a child
life seemed so beautiful
no worries
no problems
a paradise on earth
where everyone is kind
and each other's friend
no one hurts anyone else
no fights and no hatred

at least
that were my thoughts when I was still a child
till I found out that not everyone is
the way I thought they would be
that there are really people out there
that can hurt other people
and can hurt me

and violence
already exists centuries

if there is a paradise
somewhere for real
I do not know

but I do know
that if paradise does exist
it is not here on earth

but if everyone
would try a little harder
it could look a little more like it

5 April 1996
2 : FUTILITY

you can only become happy
when you feel unhappy

you can only become joyful
when you are sad

you can only become rich
when you are poor

the conclusion I can draw out of this is
that life is only useful
when it is futile

because if life is useful
what kind of use does it then still have

25 May 1997
3 : THINKING, FEELING AND KNOWING

thoughts influence your feelings
when you think positive thoughts you feel good

so I try to think positive
but negative feelings
try to make me fail
so in the end I am still feeling depressed

I know, everything goes well
I do not have to worry
so I don't

but why then does it feels like everything collapses
while I know I set things up

I know positive
but I feel negative
and I do not know
what to think of it all

11 November 1997
4 : LIFE

life is made

to be able to experience the bad

to be able to learn

what good is

December 1997
5 : THE ESSENCE OF EXISTENCE

is the essence of human existence
an eternal battle between good and bad

trying to find a balance
between the two forces
so that none of them has to continue to exist
because they merged into one
so that nothing matters anymore
because together they are one

we experience good as a power
we yearn for

and we do not want to face the bad
we try to ignore it's existence

is it the intension
that we learn to recognize the bad
do we have to learn
that good and bad
go hand in hand together

do we have to recognize ourselves
because we are also made up of good and bad

do we have to realize how bad we are
in order to understand
how good we can be

because good only means something
if we know what is not good
we can only be good
if we know what it is to be bad

December 1997
I am my only enemy

9 November 1998
7 : THE PATH TO THE LIGHT

I do my best to follow the path of positivity
but no matter how hard I try
sometimes I shine darkness
unintended

how can I purify myself from the darkness
how do I purify my soul

I do not understand
no matter how much
I loath the darkness
no matter how hard
I fight for the good
the darkness strikes
when I at least expect it
when I feel weak
and suddenly forget about positivity

but after the darkness stroke
I become stronger and more dedicated to positivity

world
will you protect us from the darkness
and will you teach us how we can wake up
out of the illusions that we created
while we learn
that you are all
on which we can depend
all the remainder does not exist
it are all illusions

may we joyfully find the path
that will lead us to the light and positivity
away from the darkness that we loathe

27 April 1999
addition : 29 August 2014

it is not the dark that is horrible
    it is the pain and suffering
that comes along with the darkness
    that is horrible

darkness itself is just darkness
    an absence of light (truth)
nothing more and nothing less
8 : HAPPINESS VERSUS UNHAPPINESS

feelings
pain, sadness, oppression and hatred
they are the reason of my happiness
cause without them
I would never have known
what it is to be happy

when I go through a negative situation
I now know that it is only a test
when I endured the test
the reward will be happiness

after unhappiness
comes happiness
they cannot exist without each other

5 May 1999
9 : WHAT IS GOOD

many times I doubt between good and bad
I want to manifest the good
but how should I be good if I do not know what good is

one can define good as:
all happenings that help me grow spiritually
situations that teach me life lessons
but mostly it are the negative situations
who teach me

or: all happenings that make me happy are good
but what makes me happy doesn't make everyone happy
it could even make someone else sad

or : good is the way things supposed to be
but I do not know how things are supposed to be

so I still wonder
how to handle the words good and bad
if I cannot find out what they really mean

7 May 1999
10 : THERE IS NOTHING THAT I LOVE MORE THAN LIFE

I am alive
no matter how much courage it takes
no matter how hard it is
and no matter how much I fear it

I will always love life a little more
because there is nothing
that I love more than life

no matter if I have to surrender everything
I will stay and be alive
until the day I will understand why

23 December 1999
emotions are important
they are not the cause
of getting out of balance
but the result
of being out of balance

they indicate that something happened
that is a threat for my inner balance

the quicker I understand my emotions
the quicker I can restore the mistake
the quicker I will be back in harmony

1 April 2000
it is stupid
to wish only to believe in the good
when the bad also exists

no matter how hard I try to ignore it
the bad shall continue to exist
because this is just the truth

8 May 2000
13 : LIFE VERSUS DEATH - 1

my life

is my death

and my death

shall be my life

28 May 2000
14 : INCOMPLETE COMPLETENESS

we are all on our way
back to where
we came from

there is no bad
and there is no good
nothing of this all

it is a place
of incomplete completeness

it is God
it is all that is
the whole
the universe

30 May 2000
15 : LIFE VERSUS DEATH - 2

sometimes life only seems to exist
to be lifeless
then we die
after which eternal life follows

how can we ever die
without being truly alive

when we can be lifeless while we live
can we then also be deathless when we are dead

30 May 2000
16 : THE UNITY OF POLARITIES

God is the unity of polarities

one pole is “bad” (the devil)
this is just one part
without its opposite part “good”

if both parts are united
and if they flow again in harmony
God will rule again

happiness and peace will rule again
where once chaos and suffering reigned

9 July 2000
17 : AN ETERNAL BATTLE AGAINST THE BAD

some religions say
support the good
and be against the bad

but doesn't being against the bad
mean an eternal battle
against the bad

and can an eternal battle
ever bring us what we really want
happiness and peace

24 December 2000
18 : LIBERATION

how do I set myself free
from the thoughts
that create a world
that is not in agreement
with my heart

6 December 2000
19: I AM A PART OF THE WHOLE

every time my ego wants something
and convinces me of something
in which I believe (desire, status, power)
then I think I have to be something
a human

while I ignore what I truly am
an immortal soul

a part of the whole
together with all other parts
we create everything that exist
the universe

15 March 2001
20 : GOD VERSUS DEVIL

God = all that exist = universe
Devil = “negative parts” in human = ego

the devil fights against god
the devil offers resistance
against a unity with all that exist
because the devil is afraid
to lose his identity
he fears to cease to exist
the devil fights against himself

the devil is a part of god
and cannot go up in smoke
while resisting unity with god
mankind forgot his eternal soul
and fights against death
because he wants to stay conscious
but consciousness cannot die

15 March 2001
the word "friends"
doesn't have a meaning for me
what is a friend anyway
I honestly don't know

someone is a friend or someone is not a friend
but is someone that isn't a friend
not also some kind of enemy

so that is why I do not dare
to label someone as a friend
cause then it seems that I label everyone else
as an enemy

I don't want to label anyone
as a friend or as an enemy
I don't want to label anyone
as good or bad

I want to see
the goodness in everyone

and then it doesn't matter
if someone is a friend or not
then all people are equal

17 March 2001
22 : THE MOON

the moon is “the mirror of illusions”

it seems that she shines

but that is just an appearance

31 March 2001
23 : LIGHT AND SHADOW

did you ever try

to separate the shadow from the light

April 1 2001
24 : CONNECTION

knowledge
to build a bridge

between my head and my heart
between feeling and thinking
to connect them

to be able to live my life
with my feet onto the ground
my head in the clouds
and my body somewhere in between

14 June 2001
the reborn bird
flies across the heavens
and draws the border
between life and death

she is the keeper
of life's instrument
made of 7 strings
and with 7 different tones
she saws life

for each creature she composes
an unique musical composition
but if the song is once finished
the silence will follow
for eternity

28 June 2001
26 : FEAR OF LOVE

I am afraid to love someone
it creates feelings of guilt
so I chose to ignore love

but in the end it is only love that is real
in a world made of illusions
I can choose between real and illusion
and I chose for fear

but this is some kind of sin
it is a shame to not love
when in fact I do love

and who would mind that I love
only the devil will
but he is just as fake
as my fear for love

10 July 2001
27 : TEARS HAVE TO FLOW

I cry the death
of invisible and painful memories
out of my heart

I cry
even though I forgot the memories

it is strange to cry
without knowing the reason why
but the pain in my heart is too big
to cease the crying

the tears just have to flow
for now

13 August 2001
28 : TOGETHER WE STAND STRONGER

3 minutes past 12
everywhere in the Netherlands and the rest of Europe
people stand behind each other
and next to each other
because together we stand stronger

comforting words
cheering up flowers

we all stand together
but we also stand opposed to something
something that also opposes us
an invisible enemy
with a good organized network
all over the world

I am startled by all the thoughts of revenge
from people around me
revenge doesn’t bring a solution
it only makes the problem worse

it was a deed of evil
but we must learn to understand evil
and that all these hostilities
maybe can be transformed
into their opposite
friendship

because as long as hate exists
anything can happen
and peace will be hard to find

maybe we need a war first
to see through that we actually want peace
today was a commemoration 
for all the people who died 
as a cause of the attacks 3 days ago 

14 September 2001
there is no good
there is no bad
everything that exist
in this three dimensional world
is a mixture of both
that is just the way life is
no religion and wisdom
is ever completely "right"
life shall never be completely "right"
no matter how much we long for it
good and bad always
and only
go together
never separate
they belong together
like night and day
inseparable
connected with each other
into eternity

11 October 2001
for the first time
    I see my desire to have a partner
    as a chain that binds me to an illusions
    that I have created about this issue

    and so I keep myself
    from searching the truth

    I must somehow find a way
    to make a pact with my emotions
    to create some kind of balance
    to create an evenly situation
    so that my emotions
    will no longer throw me up high
    or push me down deep

    just straight ahead
    is the easiest way to go
    and gives me the truest perspective on reality
    in a neutral state of mind

    I can be angry or sad
    about a certain situation
    but this will not change the situation
    I will do things differently now
    I will try to neutralize it
    so that it will loosen its grip on me

    does my will wants to be neutral
    or does my will want to experience the waves
    of positive and negative emotions
    does my will wants to surf
    over the ups and downs of existence

23 October 2001
suddenly I see my minority complex
into another prospect

once I thought
that I would get appreciation from my surroundings
the appreciation that gives me the strength
that I need
to maintain my self-image

if I ever doubted
whether people still appreciated me in the same degree
my self-image fell in pieces
I felt completely defeated and helpless

this because I did identify myself
with this image
that I thought that my surrounding had of me

I have to find a new source
on which I can build a new self-image
I don't need a source outside of me
I need a source inside of me
only such a source can give me stability
on top of this source I can build a true self-image
and no one can knock it down again

25 October 2001
32 : AWAKEN

how will it be like
to look back
on the life lived
after death

it will be like
awakening
out of a dream

10 November 2001
happiness is the result of the sum of all emotions
both the joyful and the sad
both the white and the black
everything added to each other make up the harmony that is called happiness
happiness is not an emotion happiness is a state of mind being in harmony with all that is being one with the universe

14 January 2002
I feel that life
fall away from me
leaving me behind alone
with nothing

without life
and without death
nothing
or rather everything

if everything falls away
only I remain
ME and nothing but ME

15 January 2002
35 : BLINDED

there is good in the world
but there is also evil
that exists because of the absence of good

it is like being blind for the truth
and what else will we then see
than an illusion (Hell)
there where the light of truth doesn’t shine
only there shines the darkness of evil (ignorance)

but what if we one day awaken
and wonder that we will again have to face
a day full of darkness and evil
and that we finally have had enough of that
shall a little flame be lightened
a flame of being homesick to a place
where the light of truth always shines
a little flame of light in the darkness

can this flame help us change
so we will start to do things differently

because only change
will bring a true and lasting change

17 February 2002

addition : 28-01-2017

homesick to a place = homesick to a state of mind
Heaven and Hell are the same place
but experienced with a different state of the same mind
36 : IMPOSSIBLE IS POSSIBLE

is it possible
to imagine the impossible
and to think
that it is impossible to dream off

and then to wake up one morning
out of a fantastic dream
in which the impossible
suddenly seemed possible

where lies the border
between possible and impossible

I learned that there is no border
but as long as we believe there is a border
this border will seem to exist
and the impossible will be impossible

but maybe there is more possible
than we dare to dream and imagine

8 March 2002
world
will you give me the strength
to continue my journey

the power with which
I can breakthrough
to be able to reach the truth
that lies behind
the negative thoughts
that cloak the truth

let me touch the truth
whereupon I can embrace
the truth inside my heart

16 March 2002
38 : DE-STRESS

calm and peacefully
bathing in the warm
beams of the spring sunlight
after a chaotic and stressful day

every time again it is a miracle
that after stress and chaos
rest and peace will return

26 March 2002
39 : CENTRE

I live in the centre
in between feeling and thinking
in between inside and outside
in between me and my mirror reflection

only where these 6
cease to exist
there rules perfect harmony

not in my thoughts
not in my feelings
not in my everyday life
not in my imagination
not in me
and not in anyone else around me

I am the centre
where all these come together
only there I live

how can I ever think
I can know what life is
only by thinking about it
I already move away from the centre

because when I think
I exclude feeling
and I see life only
through the eye of my thoughts
and I am blind for all else

3 April 2002
there is no real force of evil
evil only came to be through Babel
Babel stands for misunderstanding
misunderstanding of what is good

if I misunderstand good
to not correctly see the good
to not correctly hear good
is to not be good

5 April 2002

addition : 28-01-2017

good must be replaced by truth
good is relative/subjective
truth is objective